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# Activity sessions

for adults with a learning disability and autism

## timetable

Place to meet

**monday**



**Ball Games**

**10:30am - 11:30am**

**Witton Park  
Arena,  
BB2 2TP**

**tuesday**



**Sensory Walk**

**10:30am - 11:15am**

**Witton Park  
Arena,  
BB2 2TP**

**tuesday**

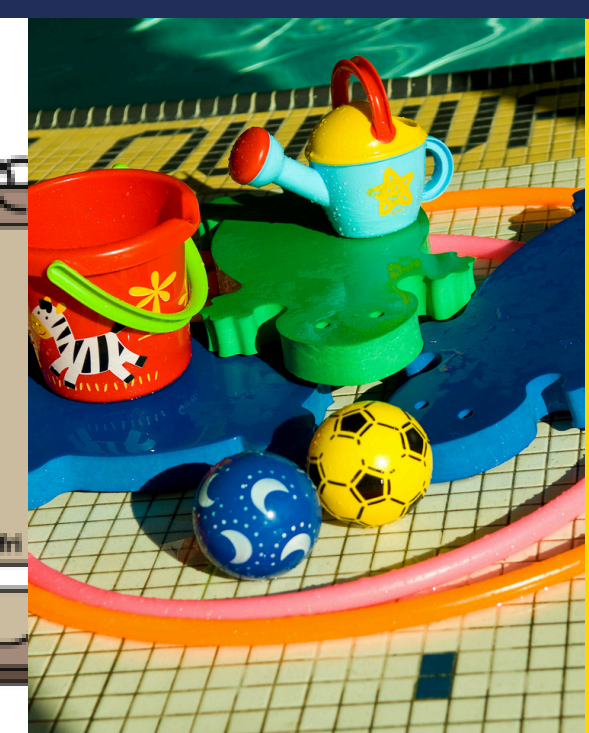


**Adapted Cycling**

**1:30pm - 3:00pm**

**Active  
Outdoors Hub,  
Witton Park,  
BB2 2TP**

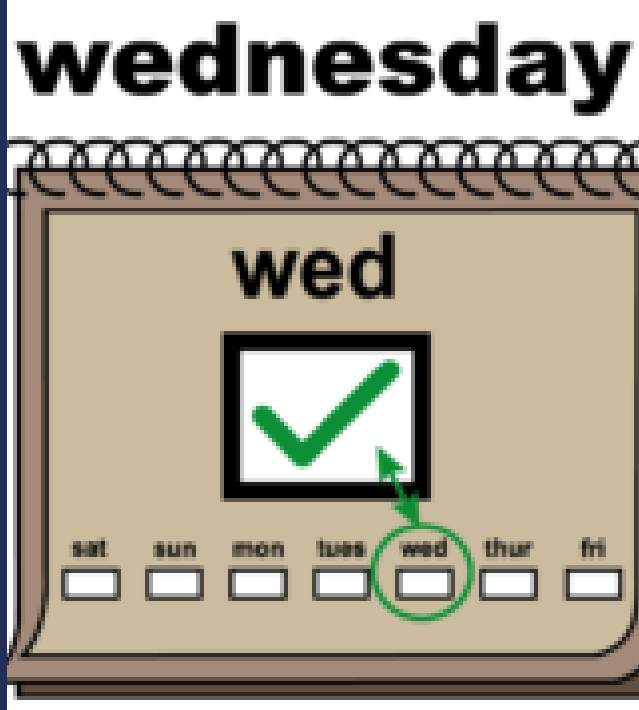
**tuesday**



**Swim**

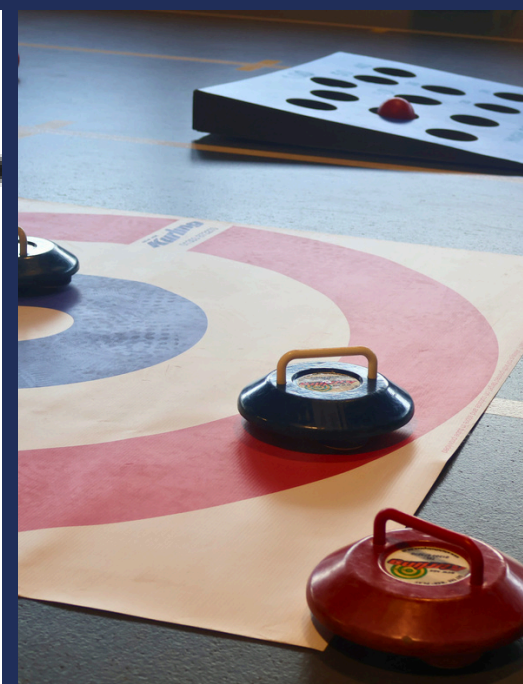
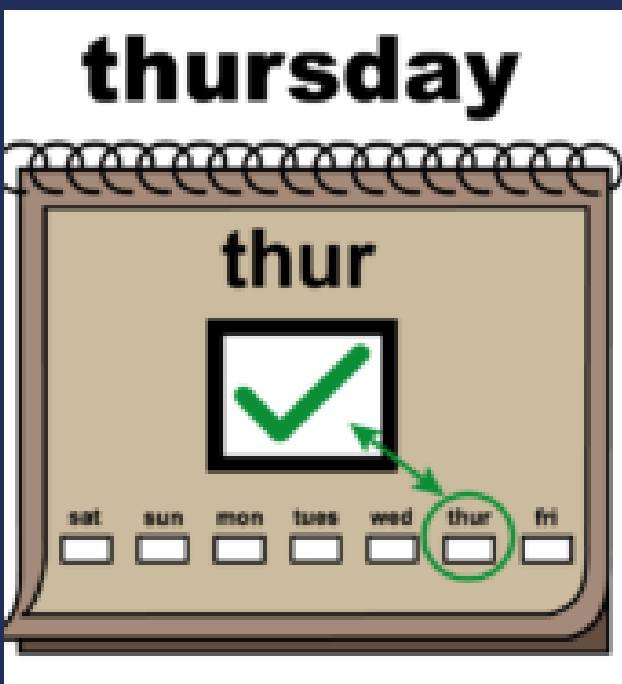
**1:30pm-2:30pm**

**Blackburn  
Sports &  
Leisure  
Centre,  
BB2 1LQ**



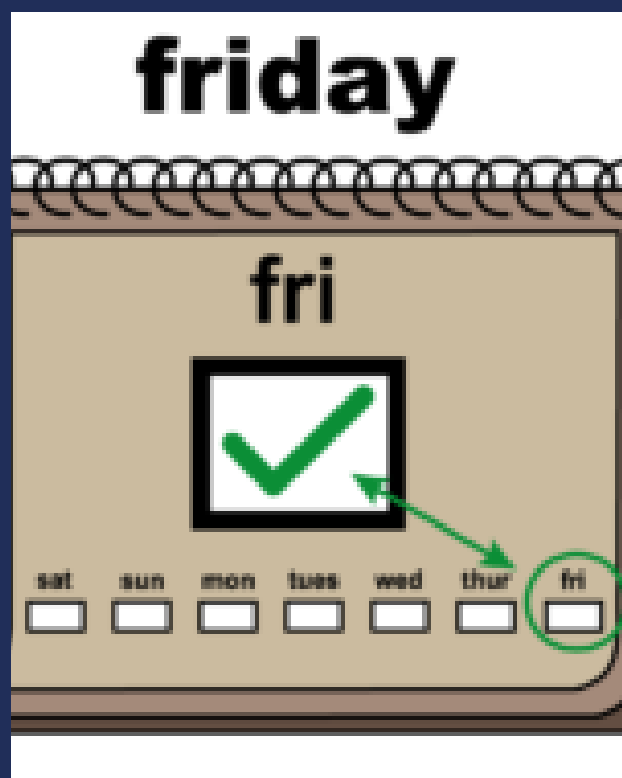
**Multi Sports**  
**10:30am-11:30am**

**Darwen Leisure Centre, BB3 1PW**



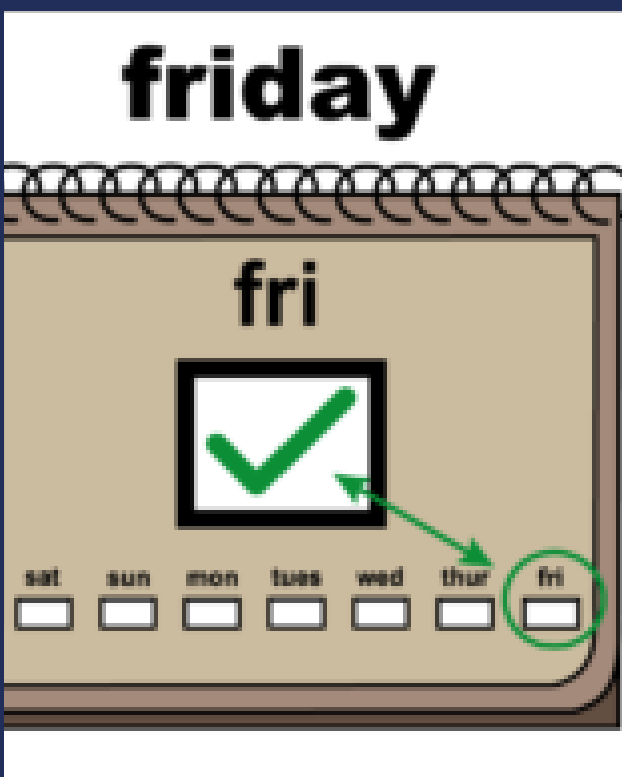
**Boccia and Curling**  
**10:00am - 11:30am**

**Witton Park Arena, BB2 2TP**



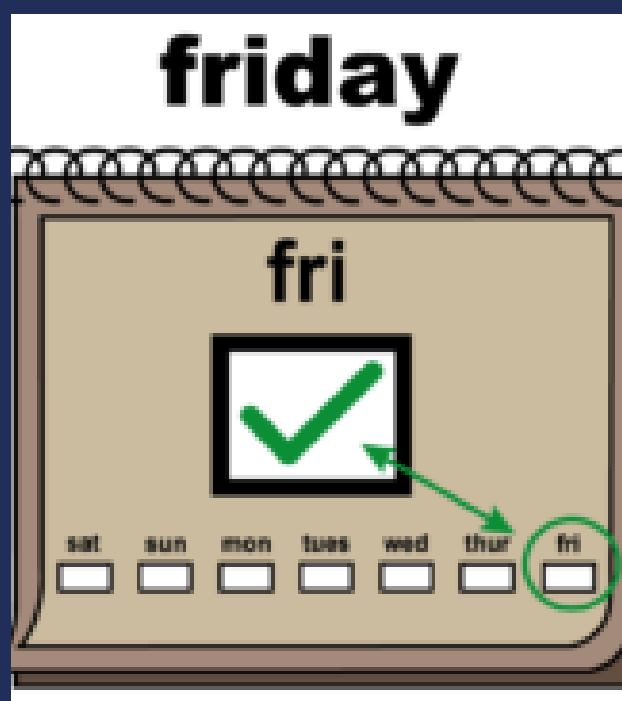
**Dance**  
**10:30am - 11:15am**

**Audley Community Centre, BB1 1DW**



**Football**  
**11:15am - 11:45am**

**Audley Community Centre, BB1 1DW**



**Gym**  
**1:30pm - 2:30pm**

**Blackburn Sports & Leisure Centre, BB2 1LQ**